

**YOU ARE  
NOT ALONE.  
IT IS NOT  
YOUR FAULT.  
THERE IS HELP  
AVAILABLE.**

**BEING A VICTIM OF  
SEXUAL VIOLENCE  
CAN FEEL INCREDIBLY  
ISOLATING AND  
TRAUMATIZING.**

**BUT PLEASE KNOW THAT  
YOU DON'T HAVE TO  
DEAL WITH THIS ALONE.**

**THIS IS NOT YOUR FAULT,  
AND REGARDLESS OF  
YOUR CIRCUMSTANCES,  
THERE ARE FREE  
RESOURCES AVAILABLE  
TO HELP YOU.**

# SEXTORTION

When someone threatens to share your intimate images unless you do something for them, like send them money or more images.

[FTND.ORG/NOTALONE](https://ftnd.org/notalone)

# **IMAGE-BASED SEXUAL ABUSE (AKA "REVENGE PORN")**

When someone shares  
or threatens to share  
your intimate images  
without your consent.

**[FTND.ORG/NOTALONE](https://ftnd.org/notalone)**

**CHILD SEXUAL  
EXPLOITATION  
MATERIAL (CSEM)  
(AKA "CHILD PORN")**

Any sexual images of anyone  
under the age of 18.

**[FTND.ORG/NOTALONE](https://ftnd.org/notalone)**

# **SEXUAL VIOLENCE**

When someone forces or manipulates another person into any sexual act or sexual contact without meaningful consent. This includes online or image-based forms of sexual assault.

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# **SEX TRAFFICKING**

When someone is made to participate in a commercial sexual act—a sex act where money or something of value is exchanged—through force, fraud, or coercion.

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